



August 2016  
Issue 8

## CITY OWNER NEWSLETTER

### *2017 International Seminar Update*

For our 2017 International Seminar in Las Vegas, NV on March 20, 21 and 22, we are still working on the registration and accommodation information. We should be able to pass that information along to all of you next month. We were hoping to have all that this month but we are still waiting on a few things.

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### *Cody Howard Surgery*

As many of you that have called in the last week know, Cody has not been in the office. He is out on medical leave for the next little while. He is recovering well from surgery and will not be in the office for the next month or so while he totally heals. We as his family and the Corporate Office know each of you are concerned about his health and wellbeing.

At this time want all of the Operators to know that while he is out on Medical leave the Company is and will continue to run and operate just like normal (other than when you call in you will get to talk to John, Linda and Adam.) We are doing our best to answer any and all questions that arrive from all you. We encourage you all to use the Bulletin Board to communicate with all the other HB Operators as well as your State Owners. They have a wealth of knowledge and are ready and available for you to call and ask questions. If they cannot answer them, you are more than welcome to call and talk to us here at the Corporate Office.

### *EZ Net Tools*

We have been talking about the EZ Net tools web site that you can set up for a very reasonable fee each month (\$150). The majority of them are doing very well from their service. Some of our Operators are up 50+% from prior years from their web site and the reviews they are asking the customers for.

I don't want to sound like a broken record but the website presence and reviews are so important for the growth of your business. For any questions please don't hesitate to call them to ask any questions or to set one up. [www.eznettools.com](http://www.eznettools.com) or 800-627-4780

## *Monthly Special*

This month's **SPECIAL** is: #133 Odor Foggers Buy 5 get 1 Free

## *John's Fix-it Corner*

Would someone tell me where the time is going? Here it is August, and things seem to be going well for everyone. I hope everyone has made time for a family reunion or a vacation. It is good to have a little down time. This month we are going over important safety information.

1. Keep labels on your products.
2. Read your procedures manual on how to use products.
3. Identity of the product (remember, there may be more than one kind of product in that kind of container).
4. Eye protection is good to have so product won't splash in your eyes.

If products splash in your eyes, get medical attention. If product splashes in your eye: immediately get clean water and flush eye with water for at least 15 minutes. Get under eyelids.

In our line of business, we are always doing lifting. So to prevent back injuries we need to learn to lift and carry correctly.

1. Squat by bending at the hips and knees. Keep your head, shoulders, and hips in a straight line. Feet should be shoulder-width apart.
2. Don't bend your back.
3. Let your legs do the lifting
4. Stand close to the load.
5. Don't twist the body when carrying

Regular exercise helps you strengthen your muscles. Try walking for 30 minutes a day or start a regular fitness program. Here in the home office we like to see everyone safe and doing well.

NOTE: When you're stressed, you eat ice cream, cake, chocolate and sweets. Why?

Because stressed spelled backwards is desserts.